

Immunocompromised (e.g. acquired immunodeficiency syndrome)

Medications (e.g. steroids, immunosuppressants, chemotherapy)

Inflammation can result in excessive scar tissue, for example hypertrophic and keloid scars. These abnormal scars contain excess collagen, which is arranged in a disorganised pattern in keloid scars as opposed to a parallel pattern in hypertrophic scars. Hypertrophic scars do not extend beyond the boundary of the original incision or wound and eventually regress. They are more common in areas of increased tension, wounds crossing tension lines, deep dermal burns and wounds left to heal by secondary intention (longer than 3 weeks). Keloid scars extend beyond the boundaries of the original incision or wound (Figure 3.5), do not spontaneously regress and are difficult to treat. The aetiology is unknown but genetic predisposition is implicated. They often occur as a result of relatively minor trauma and mainly in those with darker skin pigmentation.

ABNORMAL WOUND HEALING

Various factors can adversely affect wound healing (Summary box 3.1). Some wounds fail to heal in a timely and orderly manner, resulting in chronic non-healing wounds, significant morbidity and poor cosmesis. On the other hand, Summary box 3.1 Local and systemic factors influencing wound healing

Local factors: Local skin tension, Hypoxia and ischaemia, Vascular insufficiency, Lymphoedema, Contamination, Infection, Presence of foreign bodies, Radiotherapy.

Systemic factors: Advancing age, Obesity.

Local Skin tension Hypoxia and ischaemia Vascular insufficiency Lymphoedema Contamination Infection Presence of foreign bodies Radiotherapy Systemic Advancing age Obesity

Infection Presence of foreign
bodies Radiotherapy Systemic
Advancing age Obesity
Malnutrition . Then, Smoking
Diseases (e.g. diabetes mellitus,
connective tissue diseases)
Immunocompromised (e.g.
acquired immunodeficiency

syndrome) Medications (e.g. steroids, immunosuppressants, chemotherapy)

inflammation can result in excessive scar tissue, for example hypertrophic and keloid scars. These abnormal scars contain excess collagen, which is arranged in a disorganised pattern in keloid scars as opposed to a parallel pattern in hypertrophic scars. Hypertrophic scars do not extend beyond the boundary of the original incision or wound and eventually regress. They are more common in areas of increased tension, wounds crossing tension lines , deep dermal burns and wounds left to heal by secondary intention (longer than 3 weeks). Keloid scars extend beyond the boundaries of the original incision or wound (Figure 3.5), do not spontaneously regress and are difficult to treat. The aetiology is unknown but genetic predisposition is implicated. They often occur as a result of relatively minor trauma and mainly in those with darker skin pigmentation.

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