

Admission and list planning

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Day surgery patients should follow the same starvation guidance as any other elective patient. All patients, but especially day surgery patients, should be encouraged to walk to theatre. Consider the list order to optimise successful day surgery and therefore put operations with longer recovery times or patients who take longer to recover early on the lists (Table 22.4). This needs to be balanced with patients who would benefit from being first on the list, such as patients with insulin-dependent diabetes and patients with learning difficulties who would struggle to wait for long periods of time.

No As per standard discharge protocol No Do you want someone at home with you? No Meet criteria for home without carer and has confirmed escort home No Yes Inpatient Home All patients must have a responsible adult escort for the journey home a Airway surgery includes nasal and neck procedures and other surgery that may cause bleeding or swelling around the airway Please discuss with an anaesthetist if the patient has multiple comorbidities or you have any concerns Figure 22.3 The Norfolk and Norwich Day Surgery Home Alone flowchart. (Reproduced with the permission of The Norfolk and Norwich Day Surgery Team.)

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