

BLAST

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As already discussed, blast has become the predominant mechanism of injury in recent conflicts. Unfortunately, terrorist attacks within urban centres mean that these injuries are increasingly encountered within civilian practice. While explosives come in many forms and their effects vary as a result, fundamental principles underlie all blast events. An explosive may be defined as 'a substance that can be made to undergo a rapid chemical reaction that will transform a liquid or solid into gas, liberating a large amount of energy. The explosive properties of such a material are determined by the chemical composition and the rate at which energy is expelled. Low explosives react by a process called deflagration, where a flame passing through the material at a rate significantly slower than the speed of sound. They are made up of a combustible material and an accompanying oxidant. Low explosives include gunpowder, gasoline and pyrotechnics such as fireworks and flares. Low explosives more commonly cause burns than typical blast injuries and will not be discussed further. In contrast, high explosives degrade via detonation. Shock waves are passed through the material at supersonic speeds and the resultant energy is expelled at very high rates. High explosives include plastic explosive and trinitrotoluene (TNT). The input of a relatively small amount of energy results in the production of a very large volume of gas, at high speed and pressure. The outward expansion causes a wave of compressed air that moves away from the point of detonation at supersonic speeds and in a uniform sphere (within a free field). The change in surrounding pressure is described as the blast overpressure. Following detonation within a free field, there is a near instantaneous pressure rise, which falls exponentially. This is classically described by the Friedlander curve (Figure 34.4). This characteristic pressure peak is only seen during a truly free (almost theoretical) scenario. Enclosure of the blast or reflection of blast waves by people, vehicles or buildings is likely to change the overpressure profile such that high pressures may be sustained for longer periods and have a greater propensity to cause injury. For this reason, blasts within enclosed spaces are notable for causing a greater range and severity of injury. In addition to expanding gases, detonation of explosives may result in the expulsion of fragments. These fragments may be part of a device casing, separate material deliberately added with the intention of fragmentation or environmental material flung by the blast. Blast winds are generated by the displacement of surrounding air. The direction of these winds may change as the blast subsides.

Blast overpressure Quasi-instantaneous pressure rise Pressure Positive pressure phase Negative pressure phase Atmospheric pressure Time Figure 34.4 Theoretical blast overpressure changes within a free field.

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