

Crystalloid resuscitation

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Hartmann's solution or Ringer's lactate is the most commonly used crystalloid as it most closely replicates the osmolality of plasma. It is considerably less expensive than colloid and can maintain intravascular volume. The modified Parkland formula is the most commonly used: $TBSA\% \text{ burn} \times \text{weight (kg)} \times 4 = \text{volume in mL}$ The first half is given in 8 hours and the second over 16 hours to complete the 24-hour resuscitation time frame. In children maintenance fluid must also be given. This is normally dextrose-saline given as follows: 100 mL/kg for 24 hours for the first 10 kg; 50 mL/kg for the next 10 kg; 20 mL/kg for 24 hours for each kilogram over 20 kg body weight. Crystalloid resuscitation requires eight-fold greater volumes than colloid which can result in increased tissue oedema. Crystalloid resuscitation

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