

# Finger flexors

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). /uni25CF Superficialis tendon test . The flexor digitorum pro - fundus (FDP) usually has one muscle belly from which tendons to all of the fingers arise. The FDP can be immobilised by holding all of the fingers (except the one being with the superficialis tendon examined) in extension; this allows to be tested in isolation. If the test finger is able to flex, despite profundus being immobilised, then the superficialis tendon to that finger is working. Repeat the test for the other fingers and examine FDP ( Figure 35.14 ).

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