

Parotidectomy

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In parotidectomy, the tumour is removed with a cuff of normal surrounding tissue where possible. The embryological development of the parotid with its late encapsulation not only embeds vessels, nerves and lymph nodes within the capsule but also fuses widely with the investing fascia from the temporalis above to the digastric below and from the buccinator anteriorly to the mastoid posteriorly. The facial nerve traverses the parotid, making the removal of this gland difficult. Types of parotid surgery as per the extent of resection (conservative to radical) /uni25CF /uni25CF /uni25CF /uni25CF /uni25CF Planning the surgery Decision making should take into consideration: 1 presumed tumour histology; 2 relation to the facial nerve plane (Patey's faciovenous plane); 3 location of the tumour (deep lobe of the parotid); 4 facial nerve function. Traditionally, the type of parotidectomy is based on the location of the tumour either lateral to the plane of the facial nerve, necessitating a superficial parotidectomy, or deep to it, requiring a total parotidectomy. A total conservative parotidectomy usually preserves the facial nerve whereas a radical parotidectomy involves its sacrifice. Today, with a focus towards reducing morbidity and preserving gland function, variations of parotidectomy have evolved in the management of benign tumours: /uni25CF Extracapsular tumour dissection does not require a formal facial nerve dissection; this reduces the incidence of temporary facial nerve palsy. /uni25CF Adequate parotidectomy involves removal of the tumour with a cuff of normal tissue in tail of parotid lesions, preserving function. It may not be possible to excise the tumour with a cuff of normal tissue in all the cases, especially when the lump is abutting the facial nerve. /uni25CF Deep lobe parotid tumours can be removed, preserving the entire superficial parotid gland, which is functional as well as cosmetic. Anaesthesia General anaesthesia is usually preferred unless there is any contraindication, in which case local anaesthesia may rarely be considered. Incision The planned incision should ensure complete access to the tumour, be extendable to encompass intraoperative surprises and be safe and cosmetically acceptable. The Blair incision is a straight preauricular incision curving slightly below the ear lobule. Bailey modified the inferior segment towards the mastoid and along the anterior border of the sternocleidomastoid. David Howard Patey, 1899–1976, surgeon, The Middlesex Hospital, London, UK. Vilray Papin Blair, 1871–1955, described the incision that bears his name in 1912. Henry Hamilton Bailey, 1894–1961, surgeon, The Royal Northern Hospital, London, UK. John J Conley, 1912–1999, otolaryngologist, St. Vincent's Hospital and Medical Center, USA, made important contributions in the treatment of head and neck cancer. along the natural skin crease of the neck (Figure 54.12a) and has three components: (i) the horizontal part along the skin crease two finger breadths from the angle of the mandible, (ii) the vertical part close to the tragus in a skin crease if present, and (iii) the communicating part connecting the horizontal and vertical components in a gentle curve. The facelift incision has two components: the anterior pre - auricular component is similar to the modified Blair incision while the posterior limb curves at right angles, reaching the hair line and avoiding any neck incision. Flap elevation The horizontal component of the modified Blair incision is incised first to identify the platysma, the external jugular vein and the greater auricular nerve. The vertical component is then incised and connected inferiorly. The

platysma is divided and the subplatysmal flap is raised until the parotid gland is visualised and continued above, remaining below the superficial musculoaponeurotic fascia, which connects the temporalis fascia and the platysma. This allows a suitable flap to be raised with the entire subcutaneous fat lifted off the parotid gland. The flap is developed anteriorly with elevation over the parotid gland but not onto the masseteric fascia to prevent damage to the nerve branches as they exit the gland (Figure 54.12b).

Parotid gland mobilisation - The fascia between the sternocleidomastoid and the parotid is dissected in the avascular plane. The greater auricular nerve is dissected up to the ear lobule and its anterior branches are divided (Figure 54.12c). The gland is then dissected off the sternomastoid muscle and fibrofatty tissue overlying the internal jugular vein to identify the posterior belly of the digastric muscle, which is then traced to the mastoid process. The external jugular vein is preserved as it provides a good landmark for the facial nerve plane. The parotid is then mobilised from the tragal cartilage and the bony external auditory meatus, exposing its tip - the 'tragal pointer'. The two avascular planes are then connected by blunt and sharp dissection, identifying the tympanomastoid suture.

Facial nerve localisation The facial nerve is usually identified by the antegrade technique using anatomical landmarks, which are fairly constant, and is delineated from the trunk to the peripheral branches (Figure 54.12d):

- /uni25CF tragal (Conley's) pointer: the facial nerve lies 1 cm deep and inferior to the tip of the tragal cartilage;
- /uni25CF digastric muscle: the facial nerve can be identified above the upper border of the posterior belly of the digastric muscle;
- /uni25CF tympanomastoid suture: the facial nerve lies inferior to this suture line as it overlies the stylomastoid foramen.

Extracapsular dissection Adequate parotidectomy Superficial parotidectomy Total conservative parotidectomy Radical parotidectomy

Modified Blair incision Retroauricular incision External jugular vein (c) (d) Greater auricular nerve traced to ear lobule Mastoid tip (e) Patey's fascia (f) Centripetal dissection

Figure 54.12 (a) Incision planning showing the modified Blair incision and the retroauricular incision. the superficial musculoaponeurotic system layer, preserving the external jugular vein. dividing the branches going on to the parotid gland. (d) Tragal pointer and the digastric muscle used in combination to identify the facial nerve exiting the stylomastoid foramen in the centre. (e) Dissection of the nerve in Patey's fascia: dissecting the nerves of the main trunk from the periphery to the centre. (f) Centripetal dissection of the parotid gland towards the parotid duct in the centre. Subplatysmal plane

Incising the platysma Parotid tissue Tragal pointer Facial Digastric nerve muscle Cervicomandibular division (g) Ligating the parotid duct (b) Subplatysmal flap elevation to identify (c) Greater auricular nerve traced as far as the ear lobule, (g) Ligation of the parotid duct.

the parotid gland, fibrofatty tissue and the stylomastoid branch of the posterior auricular artery . Dissection of the glandular tissue and artery exposes the nerve. Bleeding can be brisk; this can be controlled with pressure, adrenaline (epinephrine) neuroties and bipolar electrocautery . Identification of the facial trunk by a retrograde dissection technique is useful in revision cases with altered anatomy and fibrosis. It relies on the identification of one of the main branches of the nerve (usually the buccal branch in relation to the parotid duct), which is then traced proximally to the main trunk. Centripetal dissection Once the main trunk is identified, a curved fine artery forceps is used to dissect in Patey's plane above the nerve, taking care to avoid stretching the nerve (Figure 54.12e). The glandular tissue is dissected off the nerve and divided laterally .

Starting with the lower cervicomandibular division and its further divisions into the cervical, marginal mandibular and lower buccal branches, the entire course of each branch is identified until it exits the gland. Each of the branches is dissected in a sequential manner in a centripetal dissection working towards the parotid duct (Figure 54.12f). Thereafter, the upper temporozygomatic division is traced onto its temporal, zygomatic and upper buccal branches, similarly reaching the duct. Thus at the end of the dissection the entire superficial part of the gland remains attached to the parotid duct, which can be clamped and lig to deliver the specimen (Figure 54.12g).

Total conservative parotidectomy In a tumour straddling the superficial and deep lobes across Patey's plane, following removal of the superficial lobe, the deep lobe is dissected off the temporal veins and terminal branches of the external carotid artery . This results in complete removal of the suprafacial and subfacial parotid gland with preservation of the facial nerves - a total conservative parotidectomy .

Radical parotidectomy In malignant tumours with extraparenchymal spread and facial nerve invasion, it is imperative to remove the involved structures. Radical parotidectomy involves removal of all parotid gland tissue and elective division of the involved facial nerve branches as well as the structures involved, most commonly the masseter muscle. It is imperative to repair the facial nerves when a segment has been removed. The branches supplying the orbicularis oculi and oris are prioritised in the reconstruction using cable grafts from either the greater auricular nerve or the sural nerve.

Extracapsular dissection Extracapsular dissection for select benign parotid tumours is practised to avoid facial nerve dissection. It is reported to be as safe as parotidectomy . With a similar incision the subcutaneous flap is elevated above the platysma. At the site of the tumour Victor Minor , Russian neurologist, described the starch iodine test in 1928. expose the tumour. The tumour is dissected carefully in an extracapsular plane, visualising the facial nerve branches. Use of intraoperative nerve monitoring makes this safer. However, in the absence of monitoring, careful dissection and a high level of suspicion before cutting any tissue is critical for uneventful - surgery . After excision the fascia is sutured with absorbable sutures, followed by skin closure. Drain placement and closure Sternomastoid muscle flaps or acellular dermal sheets may be used to cover the parotid bed. This attempts to prevent cross-innervation of the subcutaneous gland and overlying skin by the auriculotemporal nerve to avoid Frey's syndrome. A suction drain tube is placed and anchored beneath the posterior belly of the digastric muscle. The drain is brought out posterior to the suture line. The skin is sutured in layers.

Complications Temporary facial palsy is commonly seen in the lower branches, especially the marginal mandibular nerve. Most patients tend to recover over time. When the zygomaticotemporal division is affected, eye care is essential to protect the cornea. -

- Parotidectomy is a clean operation and hence infection is rare. Postoperative management of the drains following aseptic precautions and timely removal decreases the risk of infection. Haematoma is uncommon and is usually preventable with appropriate intraoperative haemostasis. Small haematoma usually resolve without intervention. Extreme collection causing discoloration suggests a possible bleeding diathesis that requires appropriate management and evacuation of the haematoma. Sialocele is preventable by underrunning the capsule, where possible, to avoid exposure of the main acinar ductal system. Treatment includes the use of anticholinergics to reduce salivary secretion, aspiration and pressure dressings. Longstanding salivary fistulae may require low-dose radiation. Hollowing of the retromandibular area can be reduced with autologous fat grafts, which can be placed at the time of primary surgery . -

- Frey's syndrome (gustatory sweating) results from cross-innervation of the dermal sweat glands by the regenerating postganglionic parasympathetic nerve fibres of the auriculotemporal nerve. It occurs in most patients but is often not significant; patients rarely mention it unless it is excessive.

Common presentations are sweating and flushing in the preauricular region during meals. Minor's starch iodine test identifies the region affected. In it iodine is painted in the preauricular region, dried and covered with starch. Salivary stimulation causes sweating, which turns the starch blue. Frey's syndrome can be reduced either by raising a thick flap with all subcutaneous fat over the parotid or by interposition of tissue, such as a sternocleidomastoid flap, temporalis fascia, allogenous dermal tissue or autologous fat between the skin and the surgical bed. Its incidence can be reduced by extracapsular aponeurotic system. Treatment includes use of antiperspirants in mild cases; in more severe cases, tympanic neurectomy or botulinum toxin injection at the site of perspiration is used, which is very effective. Summary box 54.8 Complications of parotid gland surgery /uni25CF /uni25CF /uni25CF /uni25CF /uni25CF /uni25CF /uni25CF /uni25CF /uni25CF Management of established Frey's syndrome /uni25CF /uni25CF /uni25CF

Haematoma formation Infection Deformity: unsightly scar and retromandibular hollowing
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