

Postoperative care

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In many countries, haemorrhoidectomy is performed on a day-case basis. The patient is instructed to take two warm baths each day and is given a bulk laxative to take twice daily , together with appropriate analgesia. A 5-day course of oral - metronidazole may reduce pain. Dry dressings are applied as necessary , a sterile sanitary towel usually being ideal. The - patient is seen again 3-4 weeks after discharge and a rectal examination is performed. If there is evidence of stenosis, the - patient is encouraged to use an anal dilator.

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