

# Raynaud's syndrome

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Raynaud's syndrome is the peripheral arterial manifestation of a collagen disease such as systemic lupus erythematosus or - rheumatoid arthritis. The clinical features are as for Raynaud's disease but they may be much more aggressive. Raynaud's syndrome may also follow the use of vibrating tools. In this context it is a recognised industrial disease and is known as 'vibration white finger'. Treatment is directed primarily at the underlying con - dition, although the conservative measures outlined above are often helpful. The syndrome when secondary to collagen disease leads frequently to necrosis of digits and multiple - amputa tions. Sympathectomy yields disappointing results and is not recommended. Nifedipine, steroids and vasospastic antagonists may all have a role in treatment. Patients with vibration white finger should avoid vibrating tools. -

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