

# Secondary blast injury

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Secondary blast injury refers to the effect of fragments that are accelerated away from the device following detonation. Sources of fragments include: the casing of the device; purposefully placed fragments within the device; these may include nails, bolts or ball bearings and are embedded within the device or adherent to the exterior; nearby objects including glass and stones; biological material including bone may be expelled, particularly following a suicide bomb or antipersonnel mine attack. Shrapnel is often used to describe explosive fragments, although the term is more strictly applied to a specific form of artillery shell. The energy of a primary blast wave disperses quickly in proportion to the distance from the blast; it is subject to the inverse cube law. As such, only those within a reasonably small radius of the blast are affected. Conversely, the velocity and wounding potential of an energised fragment are subject to the inverse square law. Secondary blast injuries may occur at long range from the detonation. Fragments may be accelerated up to very high velocities. As with ballistics, injuries are dependent on the range and energy of the fragment. In contrast to bullet wounds, the variability of fragments produces a wide range of wounds and no two wounds will be the same (Figure 34.5). The irregular surfaces of fragments cause complex patterns of yaw and tumble. Both permanent and temporary wound cavities may be unpredictable and irregular. The management of fragment wounds is similar to ballistic and conventional penetrating trauma. Wounds should be adequately debrided. Fragment wounds should be considered dirty and principles of septic surgery applied. Where possible, serial debridement and delayed primary closure should be attempted. The fragments should be removed at the time of surgery if easily accessible. Other indications for early removal include fragments within joint spaces or adjacent to structures with danger of erosion and further injuries. Late indications for fragment removal include ongoing sepsis, pain or lack of function.

Large anterior fragmentation injury. Figure 34.5

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