

Subtalar joint (Figures 35.38 and 35.39)

Subtalar joint (Figures 35.38 and 35.39)

Hold the talar neck and ask the patient to move their heel from side to side. Repeat using a hand on the heel to move the joint and apply a varus and valgus stress while feeling for movements of the talus. Holding the talus as opposed to the tibia isolates the subtalar from ankle motion. (Normal range is 5° in each - direction.) /uni25CF Inversion . Ask the patient to move their foot in towards them. /uni25CF - Eversion . Ask the patient to move their foot out to the side. Subtalar joint (Figures 35.38 and 35.39)

Hold the talar neck and ask the patient to move their heel from side to side. Repeat using a hand on the heel to move the joint and apply a varus and valgus stress while feeling for movements of the talus. Holding the talus as opposed to the tibia isolates the subtalar from ankle motion. (Normal range is 5° in each - direction.) /uni25CF Inversion . Ask the patient to move their foot in towards them. /uni25CF - Eversion . Ask the patient to move their foot out to the side.

Revision #1

Created 2025-12-31 15:14:29 UTC by Omar Ayman

Updated 2025-12-31 15:14:29 UTC by Omar Ayman