

Tarsometatarsal joint

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Hold the midfoot and manipulate each metatarsal up and down to estimate the passive range of movement.

(b) Figure 35.37 (a) Ankle dorsiflexion and (b) ankle plantar flexion.

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Revision #1

Created 2025-12-31 15:14:31 UTC by Omar Ayman

Updated 2025-12-31 15:14:31 UTC by Omar Ayman