

THE PERITONEUM

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The peritoneal cavity is the largest cavity in the body, the 2 surface area of its lining membrane (2 m in an adult) being nearly equal to that of the skin (65.3). The peritoneal membrane is composed of flattened polyhedral cells (mesothelium), one layer thick, resting on a thin layer of fibroelastic tissue. Beneath the peritoneum, supported by a small amount of areolar tissue, lies a network of lymphatic vessels and a rich plexus of capillary blood vessels from which all absorption and exudation must occur. In health, only a few millilitres of peritoneal fluid are found in the peritoneal cavity. The fluid is pale yellow, somewhat viscid and contains lymphocytes and other leukocytes; it lubricates the viscera, allowing easy movement and peristalsis. The parietal portion is richly innervated and, when irritated, causes severe pain that is accurately localised to the affected area. The visceral peritoneum, in contrast, is poorly innervated and irritation causes pain that is usually poorly localised to the midline. - Summary box 65.1 Functions of the peritoneum

Non-mesenteric domain In health Visceral lubrication Fluid and particulate absorption In disease Pain perception (mainly parietal) In inflammatory and immune responses Fibrinolytic activity

The peritoneum has the capacity to absorb large volumes of fluid; however, the peritoneum can also produce large volumes of fluid (ascites) and an inflammatory exudate when injured (seen in peritonitis). During expiration, intra-abdominal pressure is reduced and peritoneal fluid, aided by capillary attraction, travels in an upward direction towards the diaphragm. Particulate matter and bacteria are absorbed within a few minutes into the lymphatic network through a number of 'pores' in the diaphragmatic peritoneum. The circulation of peritoneal fluids may be responsible for the occurrence of abscesses anatomically remote from primary disease. The two sites most prone to collection are the pelvis and subdiaphragmatic areas, reflecting the effects of gravity while standing and lying, respectively.

Peritoneal reflection (c) Descending colon Peritoneal reflection Figure 65.6 The reflection at the periphery of the mesenteric domain, i.e. the junction between the mesenteric and non-mesenteric domains. (Reproduced with permission from Coffey JC, Lavery I, Sehgal R (eds). principles. Boca Raton: CRC Press, 2017.)

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