

URINARY INCONTINENCE

URINARY INCONTINENCE

Urinary incontinence refers to the involuntary leakage of urine. It can be classified into several different subtypes based on the circumstances leading to episodes of leakage. Stress urinary incontinence (SUI) refers to involuntary leakage on effort or exertion, or on sneezing or coughing. Urgency urinary incontinence (UUI) refers to involuntary leakage accompanied by or immediately preceded by urgency (a sudden compelling desire to pass urine which is difficult to defer). Mixed urinary incontinence (MUI) refers to involuntary leakage associated with urgency and also with exertion, effort, sneezing or coughing. Continuous urinary incontinence refers to the continuous involuntary loss of urine (this warrants investigation for anatomical pathology such as ectopic ureter or fistula from the ureter, bladder or urethra to the vagina). Nocturnal enuresis refers to involuntary leakage during sleep. Incontinence associated with chronic urinary retention refers to leakage in conditions where the bladder does not empty completely. Functional incontinence refers to leakage that results from an inability to reach the toilet because of cognitive, functional or mobility impairments in the presence of an intact LUT system. Overactive bladder (OAB) refers to symptoms of urgency with or without UUI, usually with frequency and nocturia. It can be neurogenic (secondary to a neurological condition) or idiopathic (without identifiable cause). Urinary incontinence can occur in isolation, but more commonly is associated with other LUTS. The International Continence Society classifies LUTS based on the phase of the micturition cycle in which they occur, as storage (frequency, urgency, nocturia), voiding (hesitancy, slow stream, intermittency, straining to void, splitting of the stream, terminal dribble) and post micturition (feeling of incomplete emptying, postmicturition dribble).

Revision #1

Created 2025-12-31 15:30:17 UTC by Omar Ayman

Updated 2025-12-31 15:30:17 UTC by Omar Ayman