

WOUND DRESSINGS

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These are a vital part of wound care and are used to optimise healing. The most suitable dressing is selected based on the type Jean-Nicolas Marjolin , 1780–1850, Professor of External Pathology , Hôtel-Dieu de Paris, Paris, France. moist environment to facilitate epidermal migration, enable exchange between the wound and environment, provide gas exchange protection against bacterial infection and be non-adherent (to avoid trauma on removal). Furthermore, the dressing should be sterile, non-toxic, non-allergenic and readily available at minimal expense. One of the most traditional dressings in regular use is gauze (tulle) impregnated with petroleum jelly (e.g. Jelonet); it is ideal for clean wounds with minimal exudate. Semipermeable foam dressings (e.g. Allevyn) are suitable for moderately to highly exuding wounds such as leg ulcers. Hydrocolloid dressings (e.g. Duoderm) contain an inner colloidal layer with an impermeable outer layer and are ideal for moderately exuding wounds such as minor burns. Alginate dressings (e.g. Kaltostat) are derived from seaweed and contain calcium salts that facilitate haemostasis; they can be used on moderate to heavily exuding wounds such as split-thickness skin graft donor sites. Mepitel is a non-adherent dressing comprising a perforated silicone sheet that is designed for prolonged applications of up to 2 weeks; it is therefore popular in paediatric wounds. Some dressings contain antimicrobial agents such as ionic silver (e.g. Aquacel Ag) or povidone iodine (e.g. Inadine) that may have additional functionality in contaminated wounds. Negative-pressure wound therapy (e.g. vacuum-assisted closure; VAC) uses intermittent or continuous topical negative pressure (up to -125 mmHg) through a sealed foam dressing in order to stimulate the formation of granulation tissue, reduce local oedema and tissue exudate and reduce bacterial load. The technique has numerous applications, including as a dressing to secure a skin graft to its recipient bed, temporary coverage of a complex acute wound (e.g. an open abdomen; Figure 47.6) until definitive cover can be achieved or to manage chronic wounds such as pressure ulcers.

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