

42 - SECTION 6 Diseases Caused by Gram-Negative Bacteria

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Gram-Negative Bacteria Manish Sadarangani, Andrew J. Pollard

Meningococcal

Infections ■ ■DEFINITION Infection with *Neisseria meningitidis* most commonly manifests as asymptomatic colonization in the nasopharynx of healthy adolescents and adults. Invasive disease occurs rarely, usually presenting as either bacterial meningitis or meningococcal septicemia. Patients may also present with occult bacteremia, pneumonia, septic arthritis, conjunctivitis, and chronic meningococemia. ■ ■ETIOLOGY AND MICROBIOLOGY *N. meningitidis* is a gram-negative aerobic diplococcus that colonizes humans only and causes disease after transmission to a susceptible individual. Several related neisserial organisms have been recognized, including the pathogen *N. gonorrhoeae* and the commensals *N. lactamica*, *N. flavescens*, *N. mucosa*, *N. sicca*, and *N. subflava*. *N. meningitidis* is a catalase- and oxidase-positive organism that utilizes glucose and maltose to produce acid. Meningococci associated with invasive disease are usually encapsulated with polysaccharide, and the antigenic nature of the capsule determines an organism's capsular group (serogroup) (Table 160-1).

TABLE 160-1 Structure of the Polysaccharide Capsule of Common Disease-Causing Meningococci

MENINGOCOCCAL CAPSULAR GROUP	CHEMICAL STRUCTURE OF OLIGOSACCHARIDE	CURRENT DISEASE EPIDEMIOLOGY
A	2-Acetamido-2-deoxyD-mannopyranosyl phosphate	Epidemic disease mainly in sub-Saharan Africa; sporadic cases worldwide
B	α -2,8-Nacetylneuraminic acid	Sporadic cases worldwide; propensity to cause hyperendemic disease
C	α -2,9-O-acetylneuraminic acid	Small outbreaks and sporadic disease
Y	4-O- α -D-glucopyranosylN-acetylneuraminic acid	Sporadic disease and occasional small institutional outbreaks
W	4-O- α -Dgalactopyranosyl-Nacetylneuraminic acid	Sporadic disease; outbreaks of disease associated with mass gatherings; epidemics in sub-Saharan Africa
X (α 1 \rightarrow 4)	N-acetylD-glucosamine-1phosphate	Sporadic disease and large outbreaks in the meningitis belt of Africa

In total, 12 capsular groups have been identified (A–C, X–Z, E, W, H–J, and L), but just six of these—A, B, C, X, Y, and W (formerly W135)—account for the majority of cases of invasive disease. Group D is often listed as the thirteenth capsular group but has been identified as an unencapsulated variant of group C. Meningococci are commonly isolated from the nasopharynx in studies of carriage; the lack of capsule often is a result of phase variation of capsule expression, but as many as 16% of isolates lack the genes for capsule synthesis and assembly. These “capsule-null” meningococci and those that express capsules other than A, B, C, X, Y, and W are only rarely associated with invasive disease and are most commonly identified in the nasopharynx of asymptomatic carriers. Beneath the capsule, meningococci are surrounded by an outer phospholipid membrane containing lipopolysaccharide (LPS, endotoxin) and multiple outer-membrane proteins (Figs. 160-1 and 160-2). Antigenic variability in porins expressed in the outer membrane defines the serotype (PorB) and serosubtype (PorA) of the organism, and structural differences in LPS determine the immunotype. Serologic methods for typing meningococci are restricted by the limited availability of serologic reagents that can distinguish among the organisms' highly variable surface proteins. Where available, high-throughput antigen gene sequencing has superseded serology for

FIGURE 160-1 Electron micrograph of *Neisseria meningitidis*. Black dots are gold-labeled polyclonal antibodies binding surface opacity proteins. Blebs of outer membrane can be seen being released from the bacterial surface (arrow). (Photo courtesy of D. Ferguson, Oxford University.)

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