

# 119 - 6C2Z Disorder of bodily distress or bodily ex

## 6C2Z Disorder of bodily distress or bodily experience, unspecified

439 Disorders of bodily distress or bodily experience Other specified disorder of bodily distress or bodily experience Essential (required) features • The presentation is characterized by disturbances in the person's experience of their body that share primary clinical features with other disorders of bodily distress or bodily experience (e.g. distressing bodily symptoms to which excessive attention is directed, or intense feelings of inappropriateness concerning one's body configuration or functioning). • The symptoms do not fulfil the diagnostic requirements for any other disorder in the disorders of bodily distress or bodily experience grouping. • The symptoms are not better accounted for by another mental, behavioural or neurodevelopmental disorder (e.g. a mood disorder, schizophrenia or another primary psychotic disorder, an eating disorder). • The symptoms have persisted for at least several months. • The symptoms or behaviours are not developmentally appropriate (e.g. focused on bodily changes during puberty) or culturally sanctioned. • The symptoms or behaviours are not accounted for by gender incongruence or by another medical condition. • The symptoms result in significant distress or significant impairment in personal, family, social, educational, occupational or other important areas of functioning. Disorder of bodily distress or bodily experience, unspecified 6C2Y 6C2Z Disorders of bodily distress or bodily experience | Other specified disorder of bodily distress or bodily experience

Clinical Descriptions and Diagnostic Requirements for ICD-11 Mental, Behavioural or Neurodevelopmental Disorders

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