

159 - 6C4Z Disorders due to substance use, unspecified

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Clinical Descriptions and Diagnostic Requirements for ICD-11 Mental, Behavioural or Neurodevelopmental Disorders Boundary with normality (threshold) • The diagnosis of harmful pattern of use of non-psychoactive substances requires clinically significant harm to the individual's physical or mental health. Examples of impact on physical or mental health that would not be considered clinically significant include mild hangover, brief episodes of vomiting or transient depressed mood. • A pattern of non-psychoactive substance use may also cause social problems that do not constitute clinically significant harm to physical or mental health (e.g. arguments with loved ones). A diagnosis of harmful pattern of use of non-psychoactive substances should not be assigned in these circumstances. Boundaries with other disorders and conditions (differential diagnosis) Boundary with episode of harmful non-psychoactive substance use If the harm to health is a result of a single episode of non-psychoactive substance use rather than an episodic or continuous pattern of substance use, episode of harmful use of non-psychoactive substances is the appropriate diagnosis rather than harmful pattern of non-psychoactive substance use. Substance use is generally considered to be following a pattern if there has been at least episodic or intermittent use over a period of at least 12 months, or continuous use over at least 1 month. If harm is caused by use of a non-psychoactive substance but no information is available about the pattern or history of substance use, a diagnosis of episode of harmful use of non-psychoactive substances may be assigned until such time as evidence for a pattern of use is ascertained. Boundary with injury, poisoning or certain other consequences of external causes When use of a non-psychoactive substance results in injury or life-threatening symptoms (e.g. coma, severe cardiac or respiratory symptoms), a diagnosis from the grouping of harmful effects of substances in Chapter 22 on injury, poisoning or certain other consequences of external causes should also be assigned. Disorders due to substance use, unspecified 6C4Z Substance-induced mental disorders | Disorders due to use of non-psychoactive substances

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