

178 - 6C7Z Impulse control disorder, unspecified

6C7Z Impulse control disorder, unspecified

535 Impulse control disorders Other specified impulse control disorder Essential (required) features

- The presentation is characterized by symptoms that share primary clinical features with other impulse control disorders; that is, persistently repeated behaviours in which there is failure to resist an impulse, drive or urge to perform an act that is rewarding to the person – at least in the short term – despite negative consequences such as longer-term harm either to the individual or to others.
- The symptoms do not fulfil the diagnostic requirements for any other disorder in the impulse control disorders grouping.
- The symptoms are not characterized by recurrent and habitual actions directed at the integument (e.g. skin and hair), which should be classified under body-focused repetitive behaviour disorders.
- The symptoms are not characterized by gambling, gaming or other addictive behaviours.
- The symptoms are not better accounted for by another mental disorder (e.g. dementia, a disorder due to addictive behaviours, an obsessive-compulsive or related disorder).
- The symptoms or behaviours are not developmentally appropriate or culturally sanctioned.
- The symptoms or behaviours are not a manifestation of another medical condition, and are not due to the effects of a substance or medication on the central nervous system (e.g. methamphetamine or dopamine agonists such as pramipexole for Parkinson disease or restless legs syndrome), including substance intoxication and withdrawal effects.
- The symptoms result in significant distress or significant impairment in personal, family, social, educational, occupational or other important areas of functioning.

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Clinical Descriptions and Diagnostic Requirements for ICD-11 Mental, Behavioural or Neurodevelopmental Disorders

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