

14 - Recognised minimum effective doses of antidepressants

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342 The Maudsley® Prescribing Guidelines in Psychiatry CHAPTER 3 Recognised minimum effective doses of antidepressants The recommended minimum effective doses of antidepressants are summarised in Table 3.2. Table 3.2 Recommended minimum effective doses of antidepressants.

Antidepressant	Dose
Tricyclics	Unclear; at least 75–100mg/day ¹ , possibly 125mg/day ²
Lofepramine	140mg/day ³
SSRIs	Citalopram 20mg/day ⁴ Escitalopram 10mg/day ⁵ Fluoxetine 20mg/day ⁶ Fluvoxamine 50mg/day ⁷ Paroxetine 20mg/day ⁸ Sertraline 50mg/day ⁹
Others	Agomelatine 25mg/day ¹⁰ Bupropion 150mg/day ¹¹ Desvenlafaxine 50mg/day ¹² Dextromethorphan plus bupropion 45/105mg/day ¹³ Duloxetine 60mg/day ^{14,15} Gepirone 20mg/day ¹⁶ Levomilnacipran 40mg/day ¹⁷ Mirtazapine 30mg/day (15mg? ¹⁸) Moclobemide 300mg/day ¹⁹ Reboxetine 8mg/day ²⁰ Trazodone 150mg/day ²¹ Venlafaxine 75mg/day ²² Vilazodone 20mg/day ¹⁷ Vortioxetine 10mg/day ¹⁷

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