

46 - Physical monitoring for people with bipolar d

Physical monitoring for people with bipolar disorder^{1,2}

Physical monitoring for people with bipolar disorder^{1,2} Monitoring for all patients Additional monitoring for specific drugs Test or measurement Initial health check Annual check-up

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|----------------|---------|-----------|---|------------------|-----|--|--|
| Antipsychotics | Lithium | Valproate | Carbamazepine | Thyroid function | Yes | Yes | At start and every 6 months. More often if evidence of change. |
| | | | Liver function tests (LFTs) | Yes | Yes | Every 3 months for the first year then annually | |
| | | | Renal function (eGFR) | Yes | Yes | Monthly for the first 3 months then annually | |
| | | | Electrolytes, urea and creatinine (EUC) | Yes | Yes | At start and then every 3-6 months (include serum calcium) | |
| | | | Full blood count (FBC) | Yes | Yes | Only if clinically indicated | |
| | | | Blood (plasma) glucose | Yes | Yes | As part of a routine physical health check | |
| | | | Lipid profile | Yes | Yes | As part of a routine physical health check | |
| | | | Blood pressure and pulse | Yes | Yes | As part of a routine physical health check | |

During dosage titration if antipsychotic prescribed is associated with postural hypotension

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