

55 - References

References

54 The Maudsley® Prescribing Guidelines in Psychiatry CHAPTER 1 allow the use of long-acting agents, as do the BAP guidelines.³ The duration of antipsychotic treatment in first episode is not clearly defined in the NICE guidelines. The Canadian Psychiatric Association guidelines⁴ recommend at least 18 months, the BAP at least 2 years, and RANZCP 2–5 years. There is scant mention of the treatment of negative symptoms in any of the guidelines. UK NICE guidelines recommend psychological approaches while RANZCP tentatively recommends rTMS. Reflecting the paucity of evidence in clozapine-resistant schizophrenia there is little detail or difference in guideline recommendations – all suggest adding a second antipsychotic. References

1. National Institute for Health and Care Excellence. Psychosis and schizophrenia in adults: prevention and management. Clinical guideline [CG178]. 2014 (last checked November 2024); <https://www.nice.org.uk/guidance/cg178>.
2. Galletly C, et al. Royal Australian and New Zealand College of Psychiatrists clinical practice guidelines for the management of schizophrenia and related disorders. *Aust N Z J Psychiatry* 2016; 50:410–472.
3. Barnes T, et al. Evidence-based guidelines for the pharmacological treatment of schizophrenia: updated recommendations from the British Association for Psychopharmacology. *J Psychopharmacol* 2020; 34:3–78.
4. Remington G, et al. Guidelines for the pharmacotherapy of schizophrenia in adults. *Can J Psychiatry* 2017; 62:604–616.

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