

56 - References

References

626 The Maudsley® Prescribing Guidelines in Psychiatry CHAPTER 5 Doses of commonly used psychotropic drugs in children and adolescents Commonly used psychotropic drugs are presented in Table 5.12. References

1. Paediatric Formulary Committee. BNF for Children (online). London: BMJ, Pharmaceutical Press, and RCPCH Publications; <http://www.medicinescomplete.com>.
2. Merative US LP. Micromedex. 2024; <https://www.micromedexsolutions.com/home/dispatch/>.
3. Gov.UK. Guidance: Valproate use by women and girls. 2018 (last updated January 2024); <https://www.gov.uk/guidance/valproate-use-by-women-and-girls>. Table 5.12 Starting doses of commonly used psychotropic drugs in children and adolescents.^{1,2} Drug Starting dose* Comment Antipsychotics Aripiprazole 2mg Adjust dose according to response and adverse effects. Clozapine 6.25–12.5mg Use plasma levels to determine maintenance dose. Lurasidone 18.5mg (20mg) to 37mg (40mg) Adjust dose according to response and adverse effects. Olanzapine 2.5–5mg Adjust dose according to response and adverse effects. Quetiapine 25mg Effective dose usually in the range 150–200mg daily. Risperidone 0.25–2mg Adjust dose according to response and adverse effects. Antidepressants Citalopram 10mg daily Effective dose 10–40mg (note QT effects) Escitalopram 5mg/day Effective dose 10–20mg (note QT effects) Fluoxetine 5–10mg/day Adjust dose according to response and adverse effects. Sertraline 25mg daily Effective dose usually in the range 50–100mg daily. Other drugs Lithium 100–200mg/day lithium carbonate Use plasma levels to determine maintenance dose. Melatonin 1–2mg at night Effective dose 2–10mg Valproate 10–20mg/kg/day in divided doses Use plasma levels to determine maintenance dose. Do not offer valproate to girls or young women of child-bearing potential unless there is a pregnancy prevention programme (PPP) in place.^{1,3}
*Suggested approximate oral starting doses (see primary literature for doses in individual indications). Lower dose in suggested range is for children weighing less than 25kg.

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