

05 - 5. Scales used in child psychiatry

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The Child & Adolescent Functional Assessment Scale: □ A rating scale to assess the degree of impairment in functioning due to emotional, behavioural, or psychiatric problems. □ It is completed by a clinical staff and takes about 10 minutes. □ It is useful for assessing outcome over time and for directing case management activities. □ It measures aggression and conduct problems especially in age between 7 to 17 years.

The Child Behavior Checklist (CBCL): □ It records the behavioural problems and competencies of children aged 4 through 16, as reported by their parents or others (e.g., teachers) who know the child well. □ The checklist is composed of 113 items in a Likert scale. □ The instrument provides three scores: a total score and scores on internalizing behaviours (fearful, shy, anxious, and inhibited) and externalizing behaviours □ (Aggressive, antisocial, and under controlled). □ This instrument can either be self-administered or administered through an interview. The CBCL can also be used to measure a child's change in behavior over time or following a treatment. □ Teacher Report Forms, Youth Self-Reports and Direct Observation Forms are also available for the Child Behavior Checklist. □ Two versions of this instrument exist: one for children ages 1 1/2 - 5 and another for ages 6

18.

Diagnostic Interview Schedule for Children (DISC): □ Originally developed in the early 1990s □ Fully structured diagnostic interview for making DSM-based diagnoses in children.

Conners Rating Scales □ A family of instruments that measure a range of childhood psychopathology □ Most commonly used in the assessment of ADHD. □ Teacher, parent, and self-report (for adolescents) versions are available □ Both short and long (up to 80 items) forms are available with

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