

08 - Defences and disorders

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© SPMM Course Defences and disorders Disorder Defenses commonly used Alcoholism Denial, rationalization Anorexia Denial, rationalization Borderline Splitting, idealization, denigration, projection, dissociation, acting out Depression Regression Dissocial personality Acting out Fugue or amnesia Dissociation Hysteria Repression, conversion OCD Isolation of affect, undoing, reaction formation, magical thinking Paranoid delusions Projection Phobia Displacement, avoidance Schizoid personality Fantasy, avoidance Somatoform disorders Somatisation Narcissistic personality Projection, splitting

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