

10 - 3. Parenting practices

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© SPMM Course 3. Parenting practices Parenting style is a psychological construct representing standard strategies that parents use in child rearing and includes the demands of children and response of parents. With respect to parenting, quality of care is more important than quantity of time spent. Parenting practices are specific behaviours. Types of parenting: Maccoby and Martin described four parenting styles given in the table below. Corresponding to this classification, Baumrind described 3 response patterns in parents.

□ Authoritative parenting: parents are demanding but responsive; fits propagative parenting and concerted cultivation □ Authoritarian parenting: restrictive and punishment heavy; follow rules without explanation. High demand and low responsiveness. □ Indulgent parenting: Low demand, high response, the parents are permissible and lenient with few behavioural expectations placed on the child – parents try to be friends with a child. As adults, those with indulgent parents pay less attention to avoiding behaviours which cause aggression in others. □ Neglectful parenting: low demand, low response. These parents are detached and dismissive, not involved in the child's life. Also dismiss child's emotions and opinions.

Authoritative	Authoritarian	Permissive	Neglecting	Control	Good degree of control	High control	Low
or absent control	Low or absent control	Nurturance	Adequate warmth and nurturance	Poor nurturance	High degree of nurturance and leniency	Low nurturance; no warmth	Maturity demands
Ageappropriate demands expected	High degree of demands placed on growing child	No demands placed on growing child	No demands placed	Communication	Free flowing, positive	Poor flow of communication	Inadequate communication
Poor communication							

Birth order is shown to have an effect on development through varying parenting practices.

Demanding Undemanding Responsive Authoritative/Propagative Indulgent (Permissive)
Unresponsive Authoritarian/Totalitarian Neglectful

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